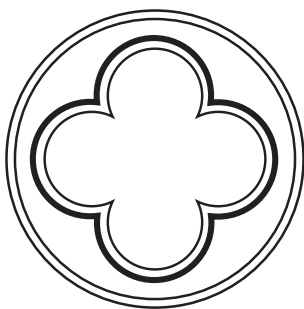


**January–March 2019**

# CLL

**Center for Life and Learning**  
AT FOURTH PRESBYTERIAN CHURCH



***Welcome!***

The Center for Life and Learning (CLL) at Fourth Presbyterian Church is a learning community open to all men and women ages 60 and more.

Explore new interests, meet new friends, and engage with your community as you take part in our college-level courses, exercise classes, fun outings, and monthly luncheons!

*For more information on CLL programming, visit the CLL web page at [www.fourthchurch.org/ctl](http://www.fourthchurch.org/ctl)*

—See page 3 for membership information—

# About the CLL



IN THE FALL OF 1965 a two-day-a-week program was developed by the Board of Deacons at Fourth Presbyterian Church to provide a place for older adults to share fellowship and activities. Table fellowship began by everyone bringing a brown-bag lunch; conversations with friends were followed by a special speaker.

As the program developed, craft classes were replaced with continuing-education courses. Currently a variety of twenty-one different classes are offered four days a week, with more than 600 older adults taking advantage of the daily offerings, events, and social activities presented by the CLL and Fourth Church.

The Center for Life and Learning celebrated its fiftieth program year in 2015, making it one of the longest-running older-adult programs in the city. We are proud to continue offering relevant programming and to aid in making lasting friendships!

## CLL Staff

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**Susan Quaintance**

*Director*

312.981.3386 | [squaintance@fourthchurch.org](mailto:squaintance@fourthchurch.org)



**Sue Hakes**

*Program Coordinator*

312.981.3389 | [shakes@fourthchurch.org](mailto:shakes@fourthchurch.org)



## What's Included in CLL Membership

### Weekly Classes

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- Art History
- Art in the Modern World
- Art Studio
- Current Events
- Drawing Fundamentals
- Faith Today  
*(free to nonmembers also)*
- Memoir and Creative Writing
- Mindfulness Meditation
- Multilevel French
- Music History
- Stage and Screen
- Watercolor Painting

### Weekly Exercise

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- Yoga
- Intermediate T'ai Chi
- Pilates Resistance Bands
- Range of Motion
- Toning Balls
- Zing! Total Fitness

### Special-Topic Courses and Events

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Free or discounted rate on all special-topic courses, excursions, and events

#### **Nonmember Opportunities**

Those who aren't CLL members have the opportunity to participate in special-topic courses, excursions, free lectures, member-run programs, and special events.

#### **Individual Memberships** *(through the end of June 2019)*

Joining after December 1, 2018 . . . . . \$200

Joining after March 1, 2019. . . . . \$115

*To learn about scholarships, call Susan Quintance at 312.981.3386.*

To become a member or renew a membership,  
visit [www.fourthchurch.org/ctl](http://www.fourthchurch.org/ctl)

# Special-Topic Classes



## **Calvin College January Series 2019**

January 3–23 (*no viewing on January 21*)

11:30 a.m.–12:30 p.m. • *Free and open to all*

## **Eight More of the Greatest Orchestra Pieces Ever Written**

Mondays, January 7–March 4 • 11:00 a.m.–12:30 p.m.

*\$50 for CLL members / \$65 for guests*

## **History of the Ballet, Part III**

Tuesdays, January 8–February 12 • 1:30–3:00 p.m.

*\$45 for CLL members / \$60 for guests*

## **Poetry of the Poets Laureate**

Wednesdays, January 9–February 13 • 10:30–11:45 a.m.

*\$40 for CLL members / \$55 for guests*

## **Winter Film Series**

Wednesdays, January 9–February 13 • 1:45–3:45 p.m.

*Free and open to all 60 and older; no RSVP necessary*

A complete list of films is available at [www.fourthchurch.org/cll](http://www.fourthchurch.org/cll)

## **Retail Revolution on the Prairie**

Mondays, February 4–March 11 • 2:30–3:30 p.m.

*\$40 for CLL members / \$55 for guests*

## **Beginner T'ai Chi**

Tuesdays, February 5–April 23 • 2:00–2:45 p.m.

*\$75 for CLL members / \$90 for guests*

## **“Lord, What Fools These Mortals Be”:**

### ***A Midsummer Night’s Dream***

Wednesdays, February 6–March 13 • 1:45–3:00 p.m.

*\$40 for CLL members / \$55 for guests*

## **History of Hollywood Musicals, Part II**

Thursdays, February 7–28 • 2:30–4:00 p.m.

*\$35 for CLL members / \$50 for guests*

## **Music of the French Masters: Debussy, Fauré, and Ravel**

Wednesdays, February 20–March 27 • 10:00–11:30 a.m.

*\$40 for CLL members / \$55 for guests*

## Special-Topic Classes



### Exploring Personal Essays

Wednesdays, February 20–March 27 • 10:00–11:30 a.m.

*\$55 for CLL members / \$70 for guests*

### Lunch and Learn: *The Women*

Thursday, March 7 • 12:00–2:45 p.m.

*\$15 for CLL members / \$20 for guests*

### An Empathy Deficit?

Mondays, March 11–25 • 11:00 a.m.–12:15 p.m.

*\$25 CLL members / \$40 guests*

## Midday Lecture Series



— *\$5 for CLL members and \$10 for guests. RSVP required* —

### The Long History of the Business of Deportation

Wednesday, January 23 • 11:00 a.m.–12:00 p.m.

### Autism and Music: One Young Man's Journey

Thursday, February 7 • 11:30 a.m.–12:30 p.m.

### The State of Higher Education: Challenges and Opportunities

Monday, March 25 • 2:30–3:30 p.m.

## Free Lectures



— *RSVP online or with Sue Hakes at 312.981.3389* —

### The Purpose of Aging: Aging with Purpose

Wednesday, January 30 • 1:00–3:00 p.m.

### What's the AARP Purpose Prize?

Tuesday, February 19 • 1:30–2:30 p.m.

### Decrease Your Fall Risk

Wednesday, March 20 • 1:00–2:00 p.m.

# Events and Outings



## **Annual CLL Member and Friends Memorial Service**

Thursday, January 10 • 12:00 noon (Stone Chapel)

*No RSVP necessary*

## **Night Out: True Food Kitchen**

Thursday, January 17 • 5:00 p.m. (Meet at 1 W. Erie St.)

*RSVP by Tuesday, January 15 • Dutch treat*

## **Oriental Institute Museum**

Friday, January 25 • 8:45 a.m. (Meet at 126 E. Chestnut)

*RSVP by Tuesday, January 15 • \$55 for CLL members / \$65 for guests*

## **Gold Coast Encore Choral**

Rehearsals begin Monday, January 28 (15 weeks) • 12:00–1:30 p.m.

The Clare (55 E. Pearson) • *Register online at [www.encoreillinois.org](http://www.encoreillinois.org)*

## **January Luncheon: Oscars Preview**

Thursday, January 31 • 11:30 a.m.–1:00 p.m. (Borwell Dining Room)

*RSVP by Tuesday, January 15 • \$15 for CLL members / \$20 for guests*

## **Night Out: Coco Pazzo**

Thursday, February 14 • 5:00 p.m. (Meet at 212 E. Ohio St.)

*RSVP by Tuesday, February 12 • Dutch treat*

## **February Luncheon: 21st-Century Black Female Architects**

Thursday, February 28 • 11:30 a.m.–1:00 p.m. (Borwell Dining Room)

*Register by February 12 • \$20 for CLL members / \$25 for guests*

## **New Member Tea**

Friday, February 22 • 11:00 a.m.–12:00 p.m.

*New members will receive an invitation in January*

## **LUMA Exhibition Tour**

Friday, March 8 • 11:00 a.m. (Meet at LUMA, 820 N. Michigan Ave.)

*Free, but RSVP required; space is limited to 15 registrants*

## **March Luncheon: “The Human Obsession with Music”**

Thursday, March 14 • 11:30–1:00 p.m. (Borwell Dining Room)

*RSVP by February 26 • \$20 for CLL members / \$25 for guests*

## Events and Outings



### **Night Out: Wilde Bar and Restaurant**

Thursday, March 14 • 5:00 p.m. (Meet at 3130 N. Broadway)

*RSVP by Tuesday, March 12 • Dutch treat*

### **Chicago History Museum**

Friday, March 22 • 11:45 a.m. (Meet at 1601 N. Clark)

*RSVP by Tuesday, March 14 • \$50 for CLL members / \$60 for guests*

## Free Member-Run Programs



*Please contact Sue Hakes (312.981.3389)  
to inquire about joining any of the following groups.*

### **CLL Monthly Book Club**

Tuesdays, December 18, January 22, February 19, March 19

11:30 a.m.–12:30 p.m. • *No RSVP, open to all 60 and older*

### **Bridge Group**

Mondays, January 14 and 28, February 11 and 25, March 11 and 25

1:00–4:00 p.m.

### **Men's Discussion Group**

Wednesdays, January 9 and 23, February 6 and 20,

March 6 and 20 • 10:30 a.m.–12:00 p.m.

### **Great Decisions Discussion Group**

Tuesdays, December 18, January 8 and 22, February 5 and 19,

March 5 and 19 • 1:00–2:30 p.m.

### **CLL Games Group**

Thursdays, January 17 and 31, February 14 and 28,

March 14 and 28 • 2:00–3:30 p.m.

### **Cinema Group**

December 21, January 18, February 15, March 15

*Time and film announced the week before (matinee showing)*

AMC River East 21 (322 E. Illinois St.)

# Weekly Classes September 2018–June 2019

*All 2018–19 weekly classes conclude June 21, 2019.*  
Summer Membership (July and August 2019) is exercise only.

## Monday

- 10:00–11:00 a.m. **Advanced French**
- 10:30–11:15 a.m. **Toning Balls**
- 11:00 a.m.–12:00 p.m. **Intermediate French**
- 11:30 a.m.–12:00 p.m. **Mindfulness Meditation**
- 12:00–1:00 p.m. **Beginner French**
- 1:00–2:30 p.m. **Art History**
- 2:30–3:30 p.m. **Yoga**

## Tuesday

- 10:30–11:15 a.m. **Pilates Resistance Bands**
- 11:30 a.m.–1:00 p.m. **Stage and Screen**
- 1:00–2:30 p.m. **Watercolor Painting**
- 2:45–3:30 p.m. **Intermediate T'ai Chi**

## Wednesday

- 10:30–11:15 a.m. **Zing! Total Fitness**
- 12:00–1:00 p.m. **Faith Today** (*free class*)
- 12:00–1:00 p.m. **Current Events**
- 12:15–1:15 p.m. **Art in the Modern World**
- 2:00–3:30 p.m. **Drawing Fundamentals**

## Thursday

- 10:00–11:30 a.m. **Memoir and Creative Writing**
- 10:30–11:15 a.m. **Range of Motion**
- 11:30 a.m.–1:00 p.m. **Art Studio**
- 1:00–2:00 p.m. **Music History**
- 2:45–3:30 p.m. **Intermediate T'ai Chi**



**FOURTH**  
PRESBYTERIAN  
**CHURCH**  
*A Light in the City*

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