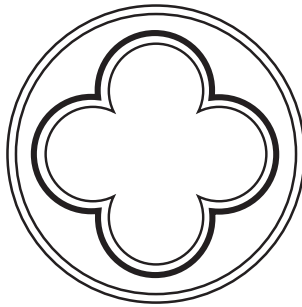


September–December 2018

CLL

Center for Life and Learning
AT FOURTH PRESBYTERIAN CHURCH



Welcome!

The Center for Life and Learning (CLL) at Fourth Presbyterian Church is a learning community open to all men and women ages 60 and more.

Explore new interests, meet new friends, and engage with your community as you take part in our college-level courses, exercise classes, fun outings, and monthly luncheons!

For more information on CLL programming, visit the CLL web page at www.fourthchurch.org/ctl

—See page 3 for membership information—

About the CLL



IN THE FALL OF 1965 a two-day-a-week program was developed by the Board of Deacons at Fourth Presbyterian Church to provide a place for older adults to share fellowship and activities. Table fellowship began by everyone bringing a brown-bag lunch; conversations with friends were followed by a special speaker.

As the program developed, craft classes were replaced with continuing-education courses. Currently a variety of twenty-one different classes are offered four days a week, with more than 600 older adults taking advantage of the daily offerings, events, and social activities presented by the CLL and Fourth Church.

The Center for Life and Learning celebrated its fiftieth program year in 2015, making it one of the longest-running older-adult programs in the city. We are proud to continue offering relevant programming and to aid in making lasting friendships!

CLL Staff



Susan Quaintance

Director

312.981.3386 | squaintance@fourthchurch.org



Sue Hakes

Program Coordinator

312.981.3389 | shakes@fourthchurch.org



What's Included in CLL Membership

Weekly Classes

- Art History
- Art in the Modern World
- Art Studio
- Current Events
- Drawing Fundamentals
- Faith Today
(free to nonmembers also)
- Memoir and Creative Writing
- Mindfulness Meditation
- Multilevel French
- Music History
- Stage and Screen
- Watercolor Painting

Weekly Exercise

- Yoga
- Intermediate T'ai Chi
- Pilates Resistance Bands
- Range of Motion
- Toning Balls
- Zing! Total Fitness

Special-Topic Courses and Events

Free or discounted rate on all special-topic courses, excursions, and events

Nonmember Opportunities

Those who aren't CLL members have the opportunity to participate in special-topic courses, excursions, free lectures, member-run programs, and special events.

Individual Memberships *(through the end of June 2019)*

Joining before December 1, 2018 \$285

Joining after December 1, 2018 \$200

Joining after March 1, 2019 \$115

To learn about scholarships, call Susan Quaintance at 312.981.3386.

To become a member or renew a membership,
visit www.fourthchurch.org/ctl

Special-Topic Classes



Encore Choral

Rehearsals begin August 27 (15 weeks) • 12:00–1:30 p.m.

The Clare (55 E. Pearson) • Register online at www.encoreillinois.org

Beginner T'ai Chi

Tuesdays, September 11–December 18 • 2:00–2:45 p.m.

\$90 CLL members / \$105 guests

Explorations with Jane Hunt

Wednesdays, September 12–October 24 (no class on September 26)

10:30–11:30 a.m. • Free for CLL members / \$25 guests

Hamlet

Thursdays, September 20–October 25 • 2:30–3:30 p.m.

\$40 CLL members / \$55 for guests

Art Nouveau Architecture

Monday, October 1 and Wednesday, October 3

10:30 a.m.–12:30 p.m. • \$30 CLL and Clare members / \$40 guests

Class limited to 25 registrants (13 for the Clare; 12 for CLL)

Note: The second class will be a two-hour walking tour in the Loop.

300 Years of Chamber Music:

The Most Intimate Form of Music Performance

Mondays, October 1–November 19 • 11:00 a.m.–12:30 p.m.

\$50 CLL members / \$65 for guests

Art and Music for the Royal Courts of Europe

Tuesdays, October 2–November 6 • 1:30–3:00 p.m.

\$45 CLL members / \$60 guests

Social Transformations in Contemporary China

Thursdays, October 4–25 • 10:00–11:30 a.m.

\$48 CLL members / \$65 guests

Lunch and Learn: *The Red Shoes* (1948)

Thursday, October 4 • 12:00–2:45 p.m.

\$15 for CLL members / \$20 guests

Walking God's Paths: Christians and Jews in Conversation

Tuesdays, October 9–November 13 • 10:30–11:30 a.m.

\$40 for CLL members / \$55 guests

Special-Topic Classes



Masterpieces of Antonio Vivaldi

Wednesdays, October 31–December 12 (*no class November 21*)

10:00–11:30 a.m. • \$40 CLL members / \$55 guests

Autumn Film Series

Wednesdays, October 31–December 12 (*no film on November 21*)

1:45–3:45 p.m. • *Free; open to all 60 and older and no RSVP is necessary*

A complete list of films is available at www.fourthchurch.org/cll

The Library of Alexandria

Thursdays, November 1–29 (*no class on November 22*)

11:00 a.m.–12:30 p.m. • \$48 CLL members / \$65 guests

Midday Lecture Series



— \$5 for CLL members and \$10 for guests. *RSVP required* —

The Genetics of Cancer

Monday, September 24 • 11:30–12:30 p.m.

Why Mental Illnesses Are Not Diseases

Wednesday, October 17 • 1:45–2:45 p.m.

The Art and Science of Ornament: Why the Details Matter

Thursday, November 15 • 2:30–3:30 p.m.

How Did My Doctor Get So Good at Listening To Me (or Not)?

Monday, December 10 • 11:30 a.m.–12:30 p.m.

Free Lectures



— *RSVP online or with Sue Hakes at 312.981.3389* —

Red Cross CPR Training

Wednesday, October 10 • 1:45–2:45 p.m.

Medicare Part D

Thursday, November 8 • 2:30–3:30 p.m.



Night Out: P. F. Chang's

Thursday, September 20 • 5:00 p.m. (Meet at 530 N. Wabash)

RSVP by Tuesday, September 18 • Dutch treat

Architectural Walking Tour of Streeterville

Friday, September 21 • 10:15 a.m. (Meet at 126 E. Chestnut)

RSVP by Tuesday, September 18 • \$30 CLL members / \$40 guests

LUMA Photography Exhibition Tour

Friday, September 28 • 11:00 a.m. (Meet at 820 N. Michigan Ave.)

Free but RSVP required; space limited

Night Out: Franklin Room

Thursday, October 11 • 5:00 p.m. (Meet at 675 N. Franklin St.)

RSVP by Tuesday, October 9 • Dutch treat

New Member Tea

Friday, October 12 • 11:00 a.m. (*Look for your invitation via email!*)

Luncheon | Fair Deco: The U.S. World's Fairs of the 1930s

Thursday, October 18 • 11:30 a.m.–1:00 p.m. (Borwell Dining Room)

RSVP by Tuesday, October 9 • \$15 CLL members / \$20 guests

Hello, Dolly! at the Oriental Theater

Wednesday, October 31 • 1:30 p.m. (Meet at 24 W. Randolph St.)

RSVP by Tuesday, October 23 • \$50 CLL members / \$60 guests

Chestnut Street Players Acting Troupe

Radio Show: Fibber McGee and Molly

Performance: Monday, November 5 • 11:45 a.m.–12:30 p.m.

Free and open to all; no RSVP necessary

Night Out: Rock Bottom

Thursday, November 8 • 5:00 p.m. (Meet at 1 W. Grand Ave.)

RSVP by Tuesday, November 6 • Dutch Treat

Harvest Home Luncheon

Thursday, November 15 • 11:30 a.m.–1:00 p.m. (Borwell Dining Room)

RSVP by Tuesday, November 6 • \$15 CLL members / \$20 guests

Holocaust Museum

Friday, November 16 • 9:15 a.m. (Meet at 126 E. Chestnut)

RSVP by Friday, November 2 • \$70 CLL members / \$80 guests

Events and Outings



Night Out: Rosebud

Thursday, December 6 • 5:00 p.m. (Meet at 720 N. Rush)

RSVP by Tuesday, December 4 • Dutch treat

Holiday Tea at the Drake Hotel

Friday, December 7 • 1:30 p.m. (Meet at 140 E. Walton Pl.)

RSVP by Tuesday, December 5 • \$80 CLL members / \$90 guests

Holiday Luncheon

Thursday, December 13 • 11:30 a.m.–1:00 p.m. (Borwell Dining Room)

RSVP by Tuesday, December 4 • \$15 CLL members / \$20 guests

LUMA Creche Tour

Friday, December 14 • 11:00 a.m. (Meet at 820 N. Michigan Ave.)

Free but RSVP required; space is limited

Free Member-Run Programs



*Please contact Sue Hakes (312.981.3389)
to inquire about joining any of the following groups.*

CLL Monthly Book Club

Tuesdays, September 25, October 30, November 27, and December 18

11:30 a.m.–12:30 p.m. • *No RSVP, open to all 60 and older*

Bridge Group

September 10 and 24, October 8 and 22, November 12 and 26,
and December 10 • 1:00–4:00 p.m.

Men's Discussion Group

Wednesdays, August 29, September 12 and 26, October 10 and 24,
November 7 and 28, December 12 • 10:30 a.m.–12:00 p.m.

Great Decisions Discussion Group

Tuesdays, September 11 and 25, October 9 and 23,
November 6 and 20, December 4 and 18 • 1:00–2:30 p.m.

Cinema Group

Fridays, September 21, October 19, November 16, and December 21
AMC River East 21 (322 E. Illinois St.)

Weekly Classes September 2018–June 2019

All 2018–19 weekly classes conclude June 21, 2019.
Summer Membership (July and August 2019) is exercise only.

Monday

- 10:00–11:00 a.m. **Advanced French**
- 10:30–11:15 a.m. **Toning Balls**
- 11:00 a.m.–12:00 p.m. **Intermediate French**
- 11:30 a.m.–12:00 p.m. **Mindfulness Meditation**
- 12:00–1:00 p.m. **Beginner French**
- 1:00–2:30 p.m. **Art History**
- 2:30–3:30 p.m. **Yoga**

Tuesday

- 10:30–11:15 a.m. **Pilates Resistance Bands**
- 11:30–1:00 p.m. **Stage and Screen**
- 1:00–2:30 p.m. **Watercolor Painting**
- 2:45–3:30 p.m. **Intermediate T'ai Chi**

Wednesday

- 10:30–11:15 a.m. **Zing! Total Fitness**
- 12:00–1:00 p.m. **Faith Today** (*free class*)
- 12:00–1:00 p.m. **Current Events**
- 12:15–1:15 p.m. **Art in the Modern World**
- 2:00–3:30 p.m. **Drawing Fundamentals**

Thursday

- 10:00–11:30 a.m. **Memoir and Creative Writing**
- 10:30–11:15 a.m. **Range of Motion**
- 11:30 a.m.–1:00 p.m. **Art Studio**
- 1:00–2:00 p.m. **Music History**
- 2:45–3:30 p.m. **Intermediate T'ai Chi**



FOURTH
PRESBYTERIAN
CHURCH
A Light in the City

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