In addition to livestreaming our 11:00 a.m. service at www.bit.ly/FPCworship, where the service is available throughout the week, we make the service and sermon available via **podcast**: www.bit.ly/FPCpodcast; we also invite you to sign up to receive our sermons by email: www.bit.ly/fpcsermons

On Wednesday mornings we gather online at 9:30 a.m. for **Morning Prayer via Zoom.** If you would like to join staff in this time of praying for Fourth Church members and those in need, please email Carol Allerton (callerton@fourthchurch.org) for the Zoom information.

If you are looking for a resource for personal meditation and prayer, we invite you to use our Lenten devotions. You can receive the devotions in your inbox daily (sign up at www.bit.ly/fpcdevotions) or read them online (www.fourthchurch.org/devotions), via Facebook (www.facebook.com/fourthchurch), or on Twitter (www.twitter.com/fourthchicago).

During this season we remain committed to caring for the most vulnerable. \* Fourth Church Meals Ministry is providing "to go" packaged meals for Sunday Night Supper and "to go" bag lunches for the Tuesday-through-Thursday Bag Lunch program. These are being served outside in the Cloister, so as to limit lines and in-person gatherings. \* The Chicago Lights Social Service Center is providing essential services on Tuesdays (9:00 a.m. to 12:00 p.m.) and Wednesdays through Fridays (10:00 a.m. to 12:00 p.m.) by offering "curbside" pickup of emergency clothing; hygiene, incontinence, and menstruation items; inclement weather gear; and pre-assembled bags for scheduled Food Pantry appointments. \* To assist in providing these services, donations of the following items are particularly needed and can be ordered and shipped directly to the church (Fourth Presbyterian Church, Attn. Social Service Center, 126 E. Chestnut, Chicago, IL 60611). We are unable to accept individual drop-off donations from households at this time.

- Men's jeans (sizes 34+)
- Sweatshirts/hoodies (L-3X)
- Women's jeans (sizes 8+)
- Sweatpants (M–XXL)
- Men's underwear (sizes M-3X)
- Women's underwear (M and up)
- Socks
- T-shirts (L-3X)

- Hats
- Gloves
- Travel-size sanitizer and hand wipes
- Canned and dry goods of all kinds (fruit, vegetables, soup) with pop tops
- Individually wrapped snacks and juice
- Packs of mini-sized bottled water

**Ensure you receive the latest updates** from Fourth Church by adding your email address to our distribution list. Simply sign up at www.bit.ly/newsfrompfc

Our commitment to caring for those in need and remaining connected while apart depends on all of us. How can you help? **If you are available to reach out via phone or email** to those in our community who might be feeling isolated or lonely, please let our Pastoral Care Office know by contacting Carol Allerton (callerton@fourthchurch.org). She is collecting names of those willing to help in this way.

As a connectional community committed to living out our care for one another and remaining together while apart, we very much we want to hear from you! Our pastors, Deacons, Stephen Ministers, and other volunteers are available to connect with you by phone and email. Please let us know by contacting our Pastoral Care Office (callerton @fourthchurch.org)—

- ▶ if you are—or someone you know is—in self-quarantine or feeling isolated, lonely, anxious, or sick
- ▶ if you are a medical professional or are a provider of essential services, as we want to care for you as well in what we know are are difficult days for you and your colleagues
- ▶ if you have a prayer request; Dave Handley (dhandley@fourthchurch.org), our Interim Minister for Pastoral Care, is receiving these requests as part of our Morning Prayer and Deacon Prayer Ministries
- ▶ If you would like to talk to a pastor, please call the church (312.787.4570) and your request will be forwarded to someone on the pastoral staff. If you would like to be in phone contact with a Stephen Minister, please leave a confidential message at 312.573.3365 or contact Dave Handley (dhandley@fourthchurch.org).

In this time while we are not in the same place, we continue to explore new opportunities for all of us to be community and church. \* Instructors in our Center for Life and Learning program for adults sixty and over are sending out links to exercise and music, emailing assignments and offers for conversation, and even taught yoga via Zoom! \* Chicago Lights Tutoring staff are facilitating virtual relationships between mentors and students, supplying educational and engagement tools, and creating content for e-learning. \* Sunday School lessons and crafts to do at home are posted at www.bit.ly/fpcsundayschool. \* Information about online youth group and recently-home-from-college gatherings is listed at www.fourthchurch.org/youth.

\* Details about connecting with various online **TwentiesThirties** opportunities are available from Joe Morrow (jmorrow@fourthchurch.org).

Watch our **website** (www.fourthchurch.org) for additional resources and ways to connect. We also encourage you to follow us on **Facebook** (www.facebook.com/fourthchurch) and **Instagram** (www.instagram.com/fourthchurch).

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