

- In addition to livestreaming our 11:00 a.m. service at www.bit.ly/FPCworship, where the service is available throughout the week, we make the service and sermon available via **podcast on iTunes and Spotify: www.bit.ly/FPCpodcast**; we also invite you to sign up to receive our sermons **by email: www.bit.ly/fpcsermons**
- On Wednesday mornings we gather online at 9:30 a.m. for **Morning Prayer via Zoom.** If you would like to join staff in this time of praying for Fourth Church members and those in need, please email Carol Allerton (*callerton@fourthchurch.org*) for the Zoom information.
- Our daily devotions are available as a resource for personal meditation and prayer. You can receive them in your inbox (sign up at www.bit.ly/fpcdevotions) or read them online (www.fourthchurch.org/devotions), via Facebook (www.facebook.com/fourthchurch), or on Twitter (www.twitter.com/fourthchicago). * Opportunities to join in a virtual Sacred Pause time of meditation are offered by our Replogle Center on Saturdays (8:30 a.m.) and Tuesdays (7:45 a.m.) at facebook.com/reploglecenterforcounselingandwellbeing
- As a connectional community committed to living out our care for one another and remaining together while apart, we very much we want to hear from you! Our pastors, Deacons, Stephen Ministers, and other volunteers are available to connect with you by phone and email. Please let us know by contacting our Pastoral Care Office (callerton@fourthchurch.org)—
 - ▶ if you are—or someone you know is—feeling isolated, lonely, anxious, or sick
 - ▶ if you are a medical professional or are a provider of essential services, as we want to care for you as well in what we know are are difficult days for you and your colleagues
 - ▶ **if you have a prayer request;** Dave Handley (*dhandley@fourthchurch.org*) is receiving these requests as part of our Morning Prayer and Deacon Prayer Ministries
 - ▶ If you would like to talk to a pastor, please call the church (312.787.4570) and your request will be forwarded to someone on the pastoral staff.
 - ▶ If you would like to explore options for tele-therapy with our Replogle Center for Counseling and Well-Being, the Center invites you to call them at 312.787.2729, ext 2260.

Stephen Ministry is here to help you in this difficult time. If you would like to be in **phone contact** with a Stephen Minister, please leave a confidential message at 312.573.3365.

Ensure you receive the latest updates from Fourth Church by adding your email address to our distribution list. Simply sign up at **www.bit.ly/newsfromfpc**

- Sunday, May 3 has been designated **Older Adult Sunday** by the Presbyterian Church (USA). It is a time when we celebrate the countless contributions older adults make in the life of this congregation and in the larger community through the Center for Life and Learning. We join others around the country in giving thanks for the gift that older adults are to each one of us!
- Looking for **plant starts for your home garden**? Our Chicago Lights Urban Farm will be taking online orders for plant starts, with curbside pickup of the fulfilled orders on Saturday, May 16 between 10:00 a.m. and 3:00 p.m. at the Farm (444 W. Chicago Ave.). All proceeds support the Urban Farm, which is dedicated to cultivating a thoughtful and engaged community of youth and adults through educational and economic opportunities, hands-on learning experiences, and access to fresh, local, and sustainably grown produce. For details, contact Ben Jaffe at bjaffe@chicagolights.org
- As part of our commitment to caring for the most vulnerable, Fourth Church Meals Ministry is providing "to go" packaged meals for Sunday and Monday Night Suppers and "to go" lunches for the Tuesday-through-Thursday Bag Lunch program. These are being served outside, so as to limit lines and in-person gatherings. * The Chicago Lights Social Service Center is also providing essential services on Tuesdays (9:00 a.m. to 12:00 p.m.) and Wednesdays through Fridays (10:00 a.m. to 12:00 p.m.) by offering "curbside" pickup of emergency clothing; hygiene items; and pre-assembled bags for scheduled Food Pantry appointments. * For ways you can order and ship items particularly needed for these ministries see www.fourthchurch.org
- In this time while we are not in the same place, we remain connected as community and church through a variety of online opportunities. * We continue to offer Noonday Concerts each Friday, livestreamed at www.bit.ly/fpcprograms, where they are also available to enjoy later in the week. * TwentiesThirties is hosting a variety of pportunities for young adults—from a weekly Zoom Coffee Hour following worship to a time of fifteen-minute Examen prayer on Thursdays to monthly trivia gatherings. Details about connecting are available from Joe Morrow (jmorrow@fourthchurch.org). * Adults sixty and over are invited to take part in online Center for Life and Learning courses and gatherings—ranging from exercise classes to lectures to Book Club. Details are available from Susan Quaintance (squaintance@fourthchurch.org). * Sunday School lessons and crafts to do at home are posted at www.bit.ly/fpcsundayschool. * Information about online youth group and recently-home-from-college gatherings is listed at fourthchurch.org/youth.
- Watch our **website** (www.fourthchurch.org) for additional resources and ways to connect. We also encourage you to follow us on **Facebook** (www.facebook.com/fourthchurch) and **Instagram** (www.instagram.com/fourthchurch) for updates and glimpses of our life together while apart.

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